

ANTIBIOTIC RESISTANCE - FROM FARM TO YOU

We all need antibiotics that work – for both humans and animals. But overuse and misuse has spurred resistance, meaning the efficacy of antibiotics has severely diminished.

We know we should go easy on antibiotics, but did you know this should apply to animals too?

HOW RESISTANCE DEVELOPS AT FARM LEVEL

Like humans, farm animals carry bacteria.

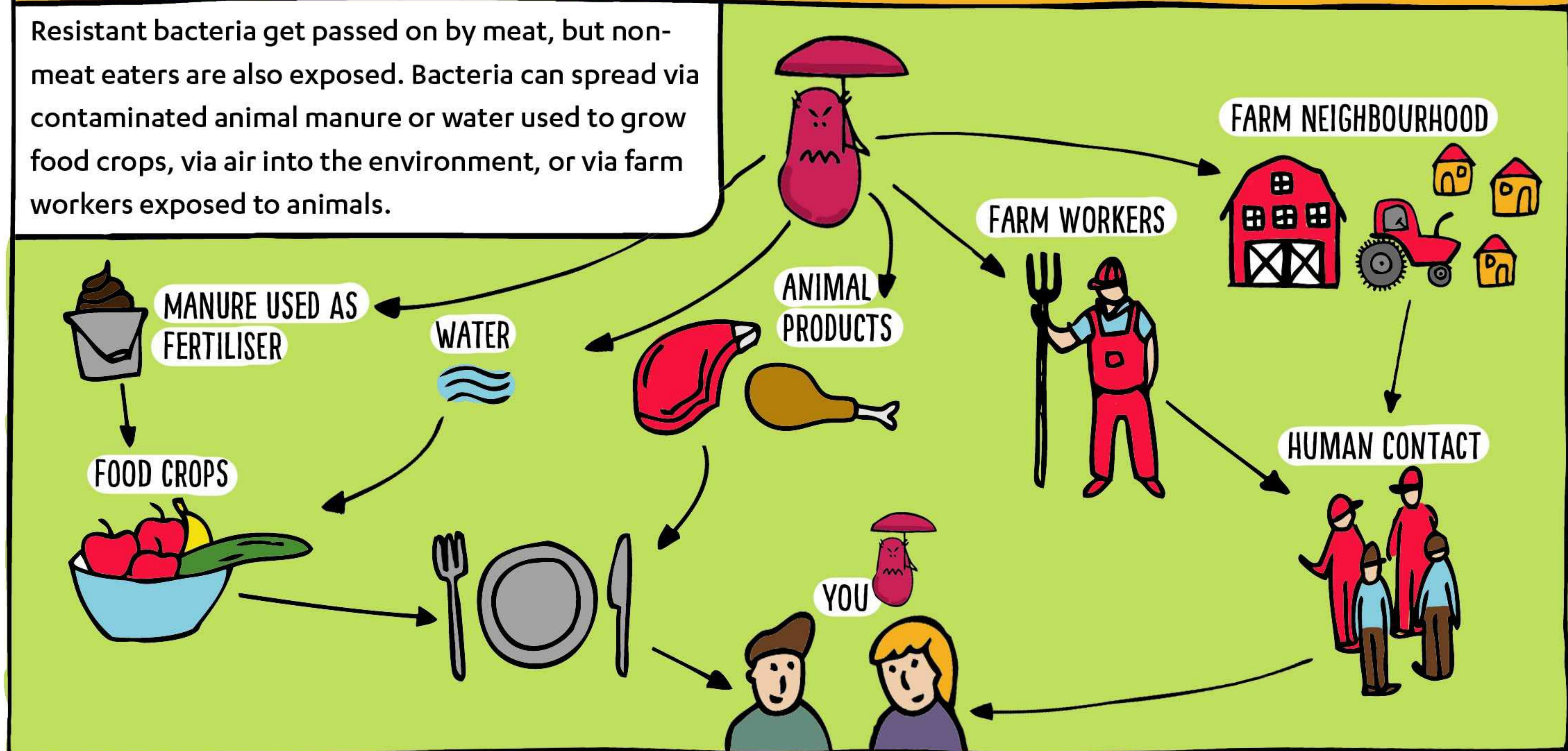
They are often given antibiotics - even when they're not sick.

But the more antibiotics are used, the higher the risk bacteria become resistant.



HOW RESISTANCE SPREADS

Resistant bacteria get passed on by meat, but non-meat eaters are also exposed. Bacteria can spread via contaminated animal manure or water used to grow food crops, via air into the environment, or via farm workers exposed to animals.

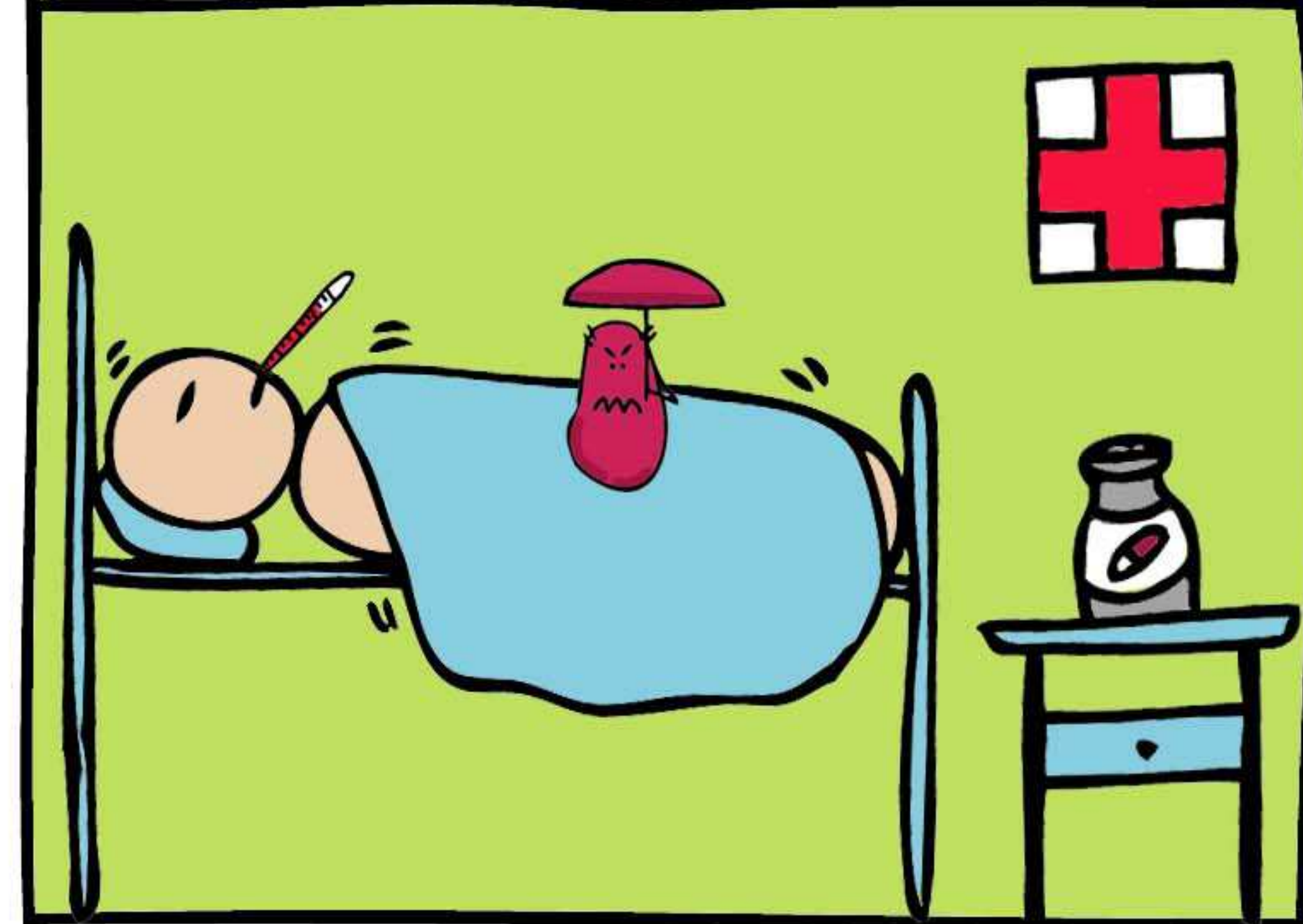


IMPACT ON HUMAN HEALTH AND SOLUTIONS NEEDED

Antibiotics might not cure you when you need them.

What you can do at home:

We need tough political action. Here's our prescription.



- Cook meat thoroughly
- Wash your hands after handling raw meat, especially before you touch foods to be eaten raw
- Always defrost meat in the fridge

But that's just a drop in the ocean. The biggest task is at farm level.

